

# Parker PANCAKE Run

BENEFITING MISSIONS



**The Cause** - Proceeds from the Parker Pancake Run For Missions go to the Parker Memorial Baptist Church Missions Ministry which touches people around the world with the life changing love of Jesus Christ.

**Course** - An exciting new course in downtown Anniston that leads you through the picturesque beauty of Anniston, AL.

**Start** - Run starts at 8:00 AM behind Parker Memorial Baptist Church on Leighton Avenue in Anniston, AL. Church is located at 1205 Quintard Ave., Anniston AL 36201. Award Ceremony to follow in the Christian Life Center.

## Fourth Annual 5K Race March 5, 2016, 8:00 AM

**Entry Fee - \$20.00 before February 27** (\$2 Discount to ARC/WJR/GRC members and Parker Memorial members). Pre-registrants will receive a Pancake Ticket to the Anniston Kiwanis Pancake Breakfast at the Anniston Meeting Center and a short sleeve race shirt.

Race Day Registrations **\$25.00** Race Day registration will be between 6:15 AM & 7:00 AM at Parker Memorial Christian Life Center. Not guaranteed a Pancake Ticket to the Anniston Kiwanis Pancake Breakfast at the Anniston Meeting Center and a short sleeve race shirt.

**Awards** - Top three male and female finishers will receive a unique award and will be exempt from winning their age category. Awards will be given to the top three winners in each category, male and female.

**Age Groups - (Male and Female)**

19 and under   20-29   30-39   40-49   50-59   60-69   70 & over

**For more information: Dennis Dunn 256-310-0830  
Sara Rutledge 256-236-5628**

### Entry Form (Please Print)

Advance entry before February 27. Mail coupon & \$20 or \$18 for WJR/ARC/GRC. Make check payable to: Parker Memorial Baptist

**Mail To:** Parker Pancake Run  
Parker Memorial Baptist Church  
P.O. Box 2104  
Anniston, AL 36202

Triple Play Register for all three for \$50  
Parker Pancake 5K March 5, Lions 8K Run For Sight May 21  
Janney Furnace 5K October 15

Male    Female

**T-Shirt Size (Limit first 100)**    Small    Medium    Large    XL    XXL

Parker Pancake 5K Only

**Name:** \_\_\_\_\_ **Birthdate** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Address:** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**City/State/Zip** \_\_\_\_\_

**Note: Entry must be signed and dated below.**

**Release Form**

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in this event including, but not limited to; falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Parker Memorial Baptist Church, all race sponsors, their representatives, landowners and successors of this event from all claims or liabilities of any kind arising out of my participation in this event.. Applicant hereby agrees to execute a liability waiver in favor of the Owners of the property where the race is scheduled to take place, prior to being allowed to participate in the race. I grant permission to all of the fore-going to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent's Signature (if under 18)** \_\_\_\_\_