

Run for Your Life 5K and Kid's NFL Style Combine Saturday, November 22, 2014

Piedmont High School Softball Presents our 2nd Annual "Run for Your Life" 5K and Kid's NFL Style Combine on the turf at the Field of Champions
Zombies and Spooks will be hiding out along the **wickedly fast** course to give participants a post-apocalyptic experience...If you manage to escape, prizes await!!

Start Time 5K @9:00am and Kid's Combine begins @10:00am on the TURF!

Race Day registration, bib pick up and parking will be at Piedmont High School
**750 Tom Bible Memorial HWY
Piedmont, AL 36272**

RFYL Registration and Liability Waiver

Please complete the registration, sign the liability waiver below and if you register **before November 14, 2014** please include T-shirt size. Please pre-register by **November 14, 2014** or you may register the day of the race at Piedmont High School Football Stadium from 8:00am and 8:45am.

Please return completed registration and signed waiver to Rachel Smith C/O the Piedmont High School Athletic Department **750 Tom Bible Memorial HWY Piedmont, AL 36272 by November 14, 2014.**

Office
Use
Only

Bib #	F Name	L Name	Gender	Age	Race 5k or Combine	Adult Shirt	Youth Shirt	Race Fee	Size: S,M,L,XL, XXL, XXXL
Total Due									

Race Fees: Please Make Checks Payable to the Piedmont High School Softball
5K: \$25.00 (Race Day registration 30.00). Kid's Combine participation is FREE. **However** Kid's Combine participants would like to order a race day shirt, the cost is \$15.00 IF registration is received by 11/14/14.

Acknowledgement, waiver and release from liability

I acknowledge that running is an extreme test of a person's physical and mental limits and comes with the potential for death, serious injury, and property loss. I HEREBY ASSUME THE RISK OF PARTICIPATING IN RUNNING EVENTS. I certify that I am physically fit, have sufficiently trained for participation in this event, and have not been advised otherwise by a qualified medical person. I ALSO ASSUME ANY AND ALL OTHER RISK WITH RUNNING THIS EVENT, including but not limited to, falls, contact with other participants, or race staff, the effects of the weather, including high heat and/or humidity, and the condition of the roads, all such risks being known and appreciated by me. In consideration for allowing me to participate in this event, I hereby take the following action for myself, my executors, administrators, heirs, next of kin and successors, and aver (a) WAIVE, RELEASE AND DISCHARGE from any and all claims or liabilities for death, personal injury, property damage or damages of any kind that arise out of or relate to my participation in, or my traveling to and from the Piedmont High School "Run for Your Life" 5K and Kid's Combine, THE FOLLOWING PERSONS OR ENTITIES: Piedmont High School and employees, and all event sponsors, race directors, event producers, volunteers, and (b) AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims or liabilities I have waived, released and discharged. The undersigned further grants full permission to the parties listed above and/or agents authorized by them, to use any photographs, video tapes, motion pictures, recording or other record of this event for any purpose. Applications for minors will be accepted only with a parent's signature.

Printed name:

Email:

Date:

Phone:

City

State

Signature

(Parent's signature for participant(s) under age 18)