



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRING RUN FUN!

**Spring 5K presented
by Anniston Orthopaedics
YMCA OF CALHOUN COUNTY**

Join Anniston Orthopaedics and YMCA of Calhoun County for our annual Spring Run! The 5K route will take you through historic downtown Anniston, with refreshments and an awards ceremony to follow.



- \$20 Early Bird Registration through April 6th
- \$25 Registration Fee from April 7th through April 29th
- \$2 off Registration Fee for Anniston Runners Club Members who register by April 29th

WHEN: Saturday, April 30, 2022

TIME: **Registration:** 6:30 – 7:45 a.m.
Start of Race: 8:00 a.m.

LOCATION: DOWNTOWN ANNISTON YMCA
29 W. 14th Street
Anniston, AL 36201
256-238-YMCA
ymcacalhoun.org



REGISTER NOW!



SPRING 5K

presented by Anniston Orthopaedics
and YMCA of Calhoun County

- WHEN:** Saturday, April 30, 2022
- TIME:** Race begins at 8:00 a.m. • Registration from 6:30 – 7:45 a.m.
- LOCATION:** YMCA OF CALHOUN COUNTY
29 W. 14th Street • Anniston, AL 36201
256.238.YMCA • ymcacalhoun.org
- AWARDS:** 5K awards presented to overall top 3 male/female, and top 3 in each age group:
11 & Under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,
50-54, 55-59, 60-64, 65-69, and 70 & over.

Registration forms will be accepted at the at YMCA of Calhoun County until 3:00 p.m. on Friday, April 29th. After this time, participants must register on race morning.

Entry Fee: \$20 through Wednesday, April 6th • \$25 from Thursday, April 7th – Friday, April 29th
\$2 discount for Anniston Runners Club members who register by Friday, April 29th
No discounts on race day

Mail check to YMCA OF CALHOUN COUNTY, P.O. Box 1649, Anniston, AL 36202

For more information, call 256.238.YMCA.

Name: _____ Age: _____

Email: _____

Address: _____

City/State/Zip: _____

Track Club Affiliation: _____

Phone: _____ Birthdate: _____ Gender: _____

Unisex Shirt Size*: XS S M L XL 2XL (Circle one)

*Shirts guaranteed to first 100 registrants only.

In consideration of you accepting my entry as a participant in the YMCA of Calhoun County/Anniston Orthopaedics Spring 5K, I hereby release and discharge all sponsors and their agents, officers, and administrators from any and all liability for illness, injuries, and damages arising from my participation in this event. I will additionally permit free use of my name and photograph in broadcasts, telecasts, etc. I further intend that my heirs, executors, and administrators be bound by the release.

Signature: _____ Date: _____

(Parents/Guardians must sign for those under the age of 18.)

Date Paid: _____ Receipt: _____ Ck. #: _____ Staff: _____