

# Anniston Lions 5K Run For Sight



## 22nd Annual Race August 15, 2020, 7:30 AM

**Entry Fee-\$20.00** before July 31 (\$2 Discount to ARC, GRC and WJR members \$18.00)

After July 31 Registrations **\$25.00** Race Day registration will be between 6:30 AM & 7:30 AM at McClellan Park Medical Mall. Please pre-register by July 31 to guarantee a tech shirt. On race day, shirts available while supply lasts.

**Awards-** Top three male and female finishers will receive a beautiful trophy and will be exempt from winning their age category. Awards will be given to the top three winners in each category, male and female. There is no awards ceremony due to CoVid 19. **Awards are available for pick up after 9:15 AM at registration table.**

**Age Groups-** (Male and Female)

14 and under	15-19	25-29	35-39	45-49	55-59	65-69
	20-24	30-34	40-44	50-54	60-64	70 & over

**Chip timed race.**

**This is a safety conscience event with social distance maintained with a relaxed start, social distance registration with volunteers masked at the registration and water stops and no awards ceremony.**

**For more information: Dennis Dunn 256- 310-0830**

**The Cause-** Proceeds from the 5K Run For Sight Goes to Alabama Lions Sight Conservation and Anniston Lions Local Sight Fund

**Course-** USATF Certified, fast course through beautiful McClellan – perfect for setting your personal best record. Water stop at half way with volunteers wearing gloves and masks.

**Relaxed Start-** Start on your own between 7:25 and 7:40 AM (no starting ceremony) at McClellan Park Medical Mall 171 Town Center Dr. in Anniston;

**Maintain your distance of at least 6 feet at all times.**



Advance entry before July 31: Mail coupon & \$20 5K  
Make check payable to: Anniston Lions Club-\$18 for ARC/GRC/WJR

5K Run     Male     Female

Mail To: Lions 5K Run for Sight  
Anniston Lions Club  
P.O. Box 344  
Anniston, AL 36202

### Pre-Register Form (Please Print)

**Name:** \_\_\_\_\_ **Birthdate** \_\_\_\_\_ **Phone** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**T-shirt size: Circle One**

**City/State/Zip** \_\_\_\_\_ **Adult (S) (M) (L) (XL) (XXL)**  
**Youth (S) (M)**

**Note: Entry must be signed and dated below. Release Form**

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in this event including, but not limited to; falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Anniston Lions Club, the International Association of Lions Clubs, all race sponsors, their representatives, landowners and successors of this event from all claims or liabilities of any kind arising out of my participation in this event. Applicant hereby agrees to execute a liability waiver in favor of the Owners of the property where the race is scheduled to take place, prior to being allowed to participate in the race. I grant permission to all of the fore-going to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent's Signature (if under 18)** \_\_\_\_\_

# 22nd Annual Run For Sight

USATF Certified Course AL12039JD



Every morning in Africa, a gazelle wakes up. It knows it must run faster than the fastest lion or it will be killed.... every morning a lion wakes up. It knows it must outrun the slowest gazelle or it will starve to death. It doesn't matter whether you are a lion or a gazelle... when the sun comes up; you'd better be running.



**Anniston Lions**  
**5K Run For Sight**  
**P.O. Box 344**  
**Anniston, AL 36202-0344**