

**19th Annual
Historic Lincoln 5k Run-Walk
Lincoln, Alabama
Saturday, August 14, 2021**

*Our certified 5K run course (USATF certification number AL19039JE) winds through historic Lincoln Alabama neighborhoods and includes chip timing.
Run proceeds benefit the Historic Lincoln Preservation Foundation, Inc., a 501(c)(3) organization dedicated to preserving our historic treasures.*

Directions:	Address: 285 Russell Rd, Lincoln, Alabama. Follow Interstate 20 to exit 168 – Lincoln/Talladega. From the exit ramp follow Highway 77 North to 1st light and turn left onto Magnolia Street. At next light, turn left onto Highway 78 West. Following Highway 78 West, travel for approximately one-half mile and turn right onto Russell Road at the Watson Plantation sign. Registration: 6:30 AM Race begins at 7:30 AM Children's Fun Run Follows 5K
Awards:	Trophies will be awarded to the top 3 males and 3 females overall. Prizes will be awarded to the top 3 males and females in each age group:

9 and under*	10 – 14	20 - 24	30 – 34	40 - 44	50 - 54	60 - 64	70 – 74	
	15 - 19	25 – 29	35 – 39	45 - 49	55 - 59	65 - 69	75 - 79	80 and over

**Overall trophy winners will not be eligible for age group trophies.

Registration:	Entry fee:	\$15 + fee \$15 \$20 Free ARC	Online: RunSignUp.com – 2021 Historic Lincoln 5K Run By mail postmarked by August 9th Day of Race Children 9 and under – <i>t-shirt not included</i>. ARC Members receive a \$2.00 discount online and by mail	First 200 registrants receive t-shirts. Runners entered into drawings for door prizes, and entered in a drawing for a \$100.00 cash grand prize!
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Email: Angie Carpenter - historiclincoln5krun@yahoo.com

Join our Facebook Group: Historic Lincoln Alabama Group and 5K Run

Make checks payable and return form to: **Historic Lincoln 5k Run
P. O. Box 528
Lincoln, Alabama 35096**

Historic Lincoln 5k Run-Walk August 14, 2021 Registration: 6:30 AM Race begins at 7:30 AM

PLEASE PRINT CLEARLY:

Last Name: _____ First Name: _____

Address: _____

City – State – Zip: _____

Email: _____ Organization or Club: _____

Date of Birth: _____ Age on August 14, 2021: _____ Sex: M___ F___

Adult T-shirt size: (CIRCLE ONE) small medium large x-large xx-large

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able. In consideration of accepting my entry, I assume all risks associated with running in this event, including but not limited to falls, contact with participants, effects of the weather, conditions of the road, all such risks being known to me.

Having read this waiver and knowing these facts, I hereby waive and release Historic Lincoln Preservation Foundation, Inc., all sponsors, their representatives, and successors from any liabilities of any kind arising out of my participation in this event. I grant permission to the foregoing to use any photographs, motion pictures, or any other record of this event for any legitimate purposes.

RUNNER'S/WALKER'S SIGNATURE (PARENT OR GUARDIAN IF UNDER 18)

DATE