



Executive Board of Directors Meeting July 2015
Anniston Medical Center
July 13, 2015, 6:00 PM

Present: Robert Powers, President, Brooke Nelson, Member at Large, Nicole Dieckow, Vice President, Leah Stuart, Treasurer, Carla Willingham, Secretary, Haley Gregg, Woodstock 5k Director

Absent: Mark Lentz, Immediate Past President

Guest: Bobbie Williams ARC Member and Kemp and Associate Representative

Meeting called to order at 6:05pm

Item	Discussion	Decision/Recommendation
Old Business	<ul style="list-style-type: none"> • Woodstock 5k • ARC/GRC Social • Banquet and Half Naked Half Marathon • Progress on Membership Director's 	<p><u>Registrations are up this year at this time. Medals and t-shirts all ordered. Volunteer meeting tomorrow regarding volunteer duties/assignments. Everything is on track for another successful Woodstock 5k.</u></p> <p><u>GRC has an Xterra Series run at Noccalula Falls on Sept. 19, and the joint social – ARC & GRC - will be in conjunction with it. Need door prizes. Brooke will work on getting them.</u></p> <p><u>January 23rd, 2016 at Anniston County Club. Moved date to accommodate Anniston Country Club schedule. Need a race director-Paige Powers may consider if nobody else steps forward</u></p> <p><u>Robert presented a draft of the membership card. Welcome Letter will be sent to all new members along with an ARC car sticker</u></p>

Item	Discussion	Decision/Recommendation
	<ul style="list-style-type: none"> • Race Directors for Plucked Turkey • CPR workshop • Possible Workshop Brian Toone – Endurance Cyclist 	<p><u>year and a wonderful time of fellowship after the training run.</u></p> <hr/> <p><u>Andrea Taylor and Kim Powers have agreed to be Race Directors again</u></p> <hr/> <p><u>There is a need for runners to know CPR for emergency purposes. David Conde, ARC member, is willing to have a workshop sometime in the Fall. Upon completion of course, attendee will be CPR certified and a card will be issued for \$5.</u></p> <p><u>More information forthcoming</u></p> <hr/>
Division Reports	<ul style="list-style-type: none"> • Running Program-Jim Parham • Tri Team-Ken Reaves • Youth Running • Women’s Running • Membership Report • Trail Running • Enews • Rookie Runners 	<p style="text-align: center;"><u>No reports given for the divisions</u></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
	Meeting adjourned at 7:37 pm	

Carla L. Willingham
Secretary