



2016 Registration Form

TEAMS must register online! Use this form for individual registration only.

Woodstock/Kidstock Individual Entry Form		
Each runner must submit an individual form. Don't forget to mark your shirt size.		
Name		
Date of Birth	Age (on 8/6/16)	Male <input type="checkbox"/> Female <input type="checkbox"/>
Address		
City	State	Zip
Cell	Home	Emergency Contact/Phone
Email (please print)		

Mark Shirt Size Please check your desired shirt size.	
Kid's Sizes	Adult Sizes
YS <input type="checkbox"/> YM <input type="checkbox"/> YL <input type="checkbox"/>	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> 2XL <input type="checkbox"/> 3XL <input type="checkbox"/>

Woodstock 5K Please mark only one division. Register early. Race limit is: 1,600
<input type="checkbox"/> Open/Individual Division: This means you will be eligible for Overall, Age-Group, and Team Challenge Awards.
<input type="checkbox"/> ATHENA Division (160+ pounds): This means you will compete against other women over 160+ pounds and will be eligible for Athena awards. You will still be eligible for Overall Awards and Team Challenge Awards, but not Age-Group awards.
<input type="checkbox"/> CLYDESDALE Division (225+ pounds): This means you will compete against other men over 225+ pounds and will be eligible for Clydesdale awards. You will still be eligible for Overall awards and Team Challenge Awards, but not Age-Group awards.
Entry fees: \$25 / \$20 (ARC)

Kid's Corral : I will bring ____ # of kids to the Kid's Corral by 7:15 AM. \$5.00 Per Kid = \$ _____
Please list names:

Kidstock 1 Mile Run/Walk : Race limited is 200 for kids! Runners must be 14 years old or under- no exceptions. Parents are welcomed and encouraged to run alongside younger children.	
<input type="checkbox"/> I am 14 years or younger	<input type="checkbox"/> I want to run or walk the Kidstock 1 Mile

More on back! → More on back! → Seriously, there's more on the back of the page.

Pasta Pigout at Anniston High School catered by Classic on Noble. Meal number is limited so register early. Once the pasta is gone...it's gone!

Date: Friday, August 5, 2016 from 5-7 PM.

<input type="checkbox"/> I am a registered runner, and I want to come and eat the motherload of carbo loads. Cost is \$10.00.	\$ _____
<input type="checkbox"/> I have friends and family who would like to eat this great meal, too. Cost is \$10.00.	\$ _____

Finisher Medal

<input type="checkbox"/> I would like to purchase a commemorative finisher medal. Cost is \$8.00.	\$ _____
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Mail check and registration form by July 30, 2016 to: Anniston Runners Club, P.O. Box 2022, Anniston, AL 36202	Total Due: \$ _____
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WAIVER MUST BE SIGNED/DATED BELOW: I know running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and road conditions, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the City of Anniston, Anniston Runners Club, all sponsors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

I understand there is a NO REFUND policy for the Woodstock 5K and/or Kidstock 1 Mile Run/Walk, and in the event is cancelled, I understand I will receive my race shirt but I will NOT receive a refund for race fees. The race fee proceeds will be donated to previously designated charities.

SIGNED (Parent/Guardian signature if under 18 years old):	DATE
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Have questions?

Contact Race Director Neeli Faulkner at woodstock5k@annistonrunners.com with questions. You can also find more information at www.woodstock5k.com.

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