



## Anniston Runners Club

# Plucked Turkey 10K (6.2 mi) Thanksgiving Thursday, November 24, 2011, 8:00 am



Why "Plucked" Turkey? Because this is a minimal race – no trophies, no t-shirts, no EMS . . . just running for bragging rights and to benefit the YMCA (100% of registration fee)! ! !  
(And to alleviate the inevitable guilt of eating way too much for Thanksgiving dinner.)

### No trophies, but we do have awards! And Door Prizes!

1<sup>st</sup> place M/F – smoked turkey breasts; 2<sup>nd</sup> and 3<sup>rd</sup> place M/F – yummy delicious pies!  
First 100 registrants receive a pair of Anniston Runners Club gloves.

**Where:** Golden Springs Community Center (3125 Spring Valley Rd., Anniston)

**Course:** Rolling loop 10K course; water at 2 and 4 miles (map @ [www.annistonrunners.com](http://www.annistonrunners.com))

**Who:** Anyone who wants to work off pre-meal calories! Walkers welcome! Kids welcome in strollers, on foot, or on bikes (accompanied by adults)! Dog walkers welcome, too!  
Participate as a family!

**Fee:** Pre-registered \$10 for all, On-site: \$12. Registration: 7:00 – 7:45

Make check payable to Anniston Runners Club.

Mail to: Anniston Runners Club, PO Box 2022, Anniston, AL 36202.

Additional Information: Tom Griffin, [runnertom45@gmail.com](mailto:runnertom45@gmail.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Gender (circle): M or F

E-mail: \_\_\_\_\_

WAIVER: I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Anniston Runners Club and their sponsors, City of Anniston, YMCA, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Thank You to our sponsors: 97.9 WVOK, Animal Medical Center, Anniston Geriatrics, Anniston Orthopaedic, BB&T, Calhoun County Commission, City of Anniston, Classic on Noble, ERA King, Jeannie Stanko C.R.N.P., Mellow Mushroom, McClellan Park Medical Mall, Northeast Alabama Bicycle Club, Oxford Family Practice, RMC, RRCA, Stringfellow Memorial Hospital, Superior Hyundai, The Anniston Star, The UPS Store, Verizon, Waffle House, Wells Fargo Advisors, Wide Net, WJXS TV, YMCA

