



Summer Issue
2024

THE RUNDOWN

OFFICIAL NEWSLETTER OF ANNISTON RUNNERS CLUB

IN THIS EDITION

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Woodstock 2024

The 2024 Woodstock 5K and Kidstock was a great success thanks to our sponsors and volunteers! The overall male winner was Bradley Makuvire with a time of 14:20! The overall female was Savannah Peppenhorst with a time of 18:00!

We had a total of 898 runners cross the finish line of the 5K and 55 for the Kidstock 1K! The overall Kidstock winner was Brantley Wood with a time of 3:54! We also had 23 teams participate and complete the course.



More Woodstock!



Thank you to all of our sponsors and volunteers!

Track Grant & Suzy Spiceland Michelson Memorial Scholarship



Cameron Wilson



Estella Connell

Every year the Anniston Runners Club offers a Track Grant to a local high school and the Suzy Spiceland Michelson Memorial Scholarship. The Suzy Spiceland Michelson Memorial Scholarship is a \$500 scholarship awarded to two high school seniors who are members of their school's cross country or track team. We are happy to share that **Julie and Lain Hawk**, directors of **Treadhoofalon**, donated an additional \$400 allowing us to offer two scholarships of \$700. The winners must have exemplary academic performance and demonstrated volunteerism in the community. This year's winners of the Scholarship were Cameron Wilson of Central High School and Estella Connell of Donoho School.



Thank you Treadhoofalon!

THE FAB FOUR

ARC CHALLENGE SERIES 2024



DISCOUNT!!!!

Sign up by January 11!

It's not too late, sign up by January 11 and get a discount! You must be an ARC member and compete in all four ARC races. Top 3 males and females will be awarded with Running Warehouse Gift Cards. You must complete longer distance races to compete for top 3!

- Half Naked – Jan. 11
- Canyon Climb – Mar. 29
- Woodstock – Aug. 2
- Plucked Turkey - Nov. 27

UPCOMING RACES

Trail

- Lake Yahou 50K – Oct 5
- Wade Mountain Marathon, ½ Marathon, 10K – Oct 20
- Pinhoti 100 - Nov 2
- Death by 5K Oak Mountain 24 Hr Challenge - Nov 23

Road

- Go Green for Cerebral Palsy 5K/10K – Sep 28
- Run for the Rack 5K – Sep 28
- Crap Run 5K – Oct 5
- Canyon ½ Marathon - Oct 12
- Elizabeth Williams Breast Cancer 5K - October 12
- Janney Furnace 5K - Oct 19
- **ARC Halloween Scavenger Hunt** - Oct 24
- Helping Hands ½ Marathon - Oct 26
- CMP 5K Range Run - Oct 26
- **ARC Veterans Day Group Run** - Nov 11

Anniston Runners Club

Election Season

Are you interested in supporting the club and getting more involved?

We need you!

The Anniston Runners Club is governed by an elected Board. Anyone who is a member of the Runners Club is eligible to run for a board position. Mrs. Bobbie Williams is our election coordinator. If you are interested, please email her at

bobbie.williams419@gmail.com. There are also coordinator roles for ARC. While most people will remain in their roles if no one runs against them, we are always open to new perspectives and ideas!



Board of Directors Positions

- President
- Vice President
- Treasurer
- Secretary
- Member-at Large
- Woodstock 5K Race Director

Administrative / Program Coordinators

- Volunteer
- Sponsorship (Commission)
- Newsletter
- Webmaster
- Calendar
- Mileage
- Trail
- Equipment
- Women's Runners
- Rookie Runners/Walking
- Youth Runners